

Music and movement!

Making music!

Make your own band with household objects.

Make drums from pots and pans and talk about the sounds they make. Can you make a rhythm? What else could you use?



DIY Musical Instruments

Make your own musical instrument from things around the home and sing along to the radio or your favourite songs.

<https://artsycraftsymom.com/diy-musical-instruments-for-kids-to-make-and-play/>



Busy beans game

Keep your busy beans busy with the fun and physical game!

<https://www.twinkl.co.uk/resource/tf-pe-046-activity-beans-warm-up-activity-card>



Nursery Rhyme Time

Explore Nursery Rhymes with your children. Learn the actions and sing along together.

<https://www.youtube.com/watch?v=jUorqhpG90&safe=active>

This video has lots of our favourite songs and actions too!