

# Counting



Build a tower with everyday objects. Count them as you add them.

Count ingredients whilst cooking. Ask your child for a specific number of objects e.g. Please can I have two carrots?



Go outdoors or in the garden and count whilst you do exercise. Challenge your child by suggesting exercises and the number they count do. Count as you go!



Choose a favourite book and encourage counting whilst your reading

How many birds can you see?  
Support them in counting by touching each picture.