

“SUPPORTING YOU TO DECIDE WHAT
YOU WANT FROM YOUR FUTURE
AND TO MAKE SURE YOU GET THE
SERVICES YOU NEED, WHEN YOU
NEED THEM.”

Delivering this service on
behalf of the....



Believe in
children
Barnardo's



WHAT ARE INDEPENDENT SUPPORTERS?

A GUIDE FOR YOUNG PEOPLE

WHAT IS AN EDUCATION, HEALTH AND CARE PLAN?

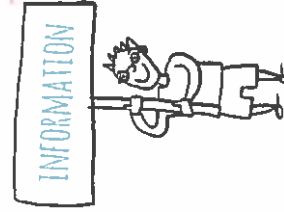
From September 2014 Education, Health and Care (EHC) plans will start to replace Statements of special educational needs and Learning Difficulty Assessments. EHC plans will focus on what a child or young person* wants to achieve and what support is needed to do this.

Having an EHC plan means the different agencies that provide your education, health and social care support will need to work more closely together to help you achieve your goals and make sure you are supported in the best way possible. When you finish the school year in which you turn 16 your views and opinions will carry more weight. This means that, what you think will be most important and it is what the local authority will think about most - this is part of preparing for adulthood. If you want them to, your family and the people who support you will still be involved in helping you to make decisions.

For more information or to be put into contact
with an Independent Supporter...

E: IndependentSupporters@barnardos.org.uk

Call: 01772629470



WHO WILL GET AN EHC PLAN?

EHC plans will be for children and young people who have a special educational need or disability that cannot be met by support that is usually available in a school or college. EHC plans can continue until you are 25 but it will stop if you:

- go to university
- get a job
- tell your local authority you no longer want your EHC plan, or the local authority thinks you no longer need it. For example, following a review, because you have achieved the educational goals written in the plan and no longer need additional special educational help.



WHO ARE BARNARDOS?

At Barnardos' Include Me 2 we have over 35 years of experience of providing family support for children and young people with SEN and disabilities. We operate after school and evening groups, weekend activities, school holiday play schemes and residential weekends away. Staff members complete a comprehensive training programme and have considerable experience of meeting the needs of a wide range of disabled children and young people and those with SEN. Staff and volunteers have knowledge and understanding of behavioural and communication needs.

WE CAN HELP YOU BY PROVIDING AN INDEPENDENT SUPPORTER WHO WILL:

- help you to understand the local referral process and local offer
- act as a named contact person throughout the EHC assessment and planning process
- focus on the main task of helping you to transfer a Statement of SEN or Learning Difficulty Assessment (LDA) to an EHC plan (transfer reviews)
- help you to put together the one page profile
- work with you if you are getting a plan for the first time
- talk to other people involved in your plan and make sure your views and wishes are included in you plan
- talk to you and explain about personal budgets
- tell you who else may be able to help if we can't

